

PEDRO FREIRE



PERSONAL DETAILS

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Nationality: Portuguese

Portuguese Medical Board Registration Nb: 49731

General Medical Council (UK) Nb: 7616711

EDUCATION

- Subspecialty in Intensive Care Medicine (score 14.5; scale 0 to 20) Jul 2016 – Oct 2019
- Specialty in Anaesthetics (score 18.9; scale 0 to 20) Jan 2011 - Apr 2016
- MSc in Urgency and Emergency (Distinction) Sep 2012 - Apr 2014
Universitat Autònoma de Barcelona – Barcelona, Spain
- Medical Degree: Mestrado Integrado em Medicina (score 15; scale 0 to 20) Sep 2003 - Jul 2009
Nova Medical School – Lisbon, Portugal

EMPLOYMENT

Clinical Lead in Neurocritical Care Unit (UCI-2) Hospital Egas Moniz, Centro Hospitalar Lisboa Ocidental E.P.E. – Lisbon, Portugal	Sep 2021 - <i>current</i>
Specialty in Intensive Care Medicine Centro Hospitalar Lisboa Ocidental E.P.E. – Lisbon, Portugal	Nov 2019 - <i>current</i>
Clinical Fellow (Higher) in Neurocritical Care Unit Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust – Cambridge, United Kingdom	Oct 2018 – Aug 2019
Subspecialty Trainee in Intensive Care Medicine Hospital São Francisco Xavier, Centro Hospitalar Lisboa Ocidental E.P.E. – Lisbon, Portugal	Sep 2016 – Oct 2019
Consultant in Anaesthetics Hospital São Francisco Xavier, Centro Hospitalar Lisboa Ocidental E.P.E. – Lisbon, Portugal	Apr 2016 - Sep 2016
Emergency Medicine System – Advanced (Trauma) Life Support Hospital Garcia de Orta – Lisbon, Portugal	2013 - <i>current</i>
Trainee in Anaesthetics Hospital São Francisco Xavier, Centro Hospitalar Lisboa Ocidental E.P.E. – Lisbon, Portugal	Jan 2011 - Dec 2015
Ano Comum (Foundation Year) Hospital Santa Maria, Centro Hospitalar Lisboa Norte E.P.E. – Lisbon, Portugal	2010

DEVELOPMENT COURSES AND CONFERENCES

- **5º Curso de Nutrição Clínica do Núcleo de Estudos em Nutrição Clínica** 2025
Sociedade Portuguesa de Medicina Interna
- **EuroNeuro2025** 2025
International Symposium on Intensive Care and Emergency Medicine
- **The Fundamentals of Neuroradiology (Module 2)** 2025
Sheffield Teaching Hospitals, NHS Foundation Trust
- **UK ILAE EEG and Seizure Semiology Course** 2023
Cambridge Postgraduate Medical Centre
- **The Fundamentals of Neuroradiology (Module 1)** 2019
Sheffield Teaching Hospitals, NHS Foundation Trust

- **World Airway Management Meeting** 2019
World Airway Management Committee – Amsterdam, The Netherlands
- **Cambridge Cadaveric Percutaneous Tracheostomy Course** 2019
Cambridge Critical Care Education Group – Cambridge, United Kingdom
- **Cambridge Critical Care Education Group Study Day** 2019
Cambridge Critical Care Education Group – Cambridge, United Kingdom
- **Masterclass Teach the Airway Teacher** 2018
European Airway Management Society – Berlin, Germany
- **Teach the Airway Teacher Course** 2018
European Airway Management Society – Valencia, Spain
- **Difficult airway management course** 2017
Fundación Internacional para la Docencia e Investigación en la Vía Aérea – Valencia, Spain
- **Advanced Training Course in Intensive Care Bronchoscopy** 2016
Sociedade Portuguesa de Cuidados Intensivos - Oporto, Portugal
- **Intensive Care Nephrology: beyond BASIC** 2015
Sociedade Portuguesa de Cuidados Intensivos – Lisbon, Portugal
- **Congresso da Sociedade Portuguesa de Anestesiologia** 2015
Sociedade Portuguesa de Anestesiologia – Cascais, Portugal
- **6th nwac – World Anesthesia Convention Networking** 2015
World Anesthesia Convention Networking – Vancouver, Canada
- **Scandinavian Society of Anaesthesiology and Intensive Care Medicine 2015** 2015
Scandinavian Society of Anaesthesiology and Intensive Care Medicine – Reykjavik, Iceland
- **Euroanaesthesia 2015** 2015
European Society of Anesthesiology – Berlin, Germany
- **Convénio da Astor / 22as Jornadas da Unidade de Dor do Hospital Garcia de Orta** 2015
Unidade de Dor do Hospital Garcia de Orta – Lisbon, Portugal
- **Intensive Care Medicine – ICU Day 2** 2015
Sociedade Portuguesa de Anestesiologia – Cascais, Portugal
- **II Neonatal and Paediatric Transport Course** 2015
Centro de Formação do Centro Hospitalar Lisboa Norte – Lisbon, Portugal
- **Fundamental Critical Care Support** 2014
Sociedade Portuguesa de Cuidados Intensivos – Lisbon, Portugal
- **Sepsis Course** 2014
Reanima – Associação para a Formação em Reanimação e Medicina do Doente Crítico – Évora, Portugal
- **Beyond BASIC Mechanical Ventilation** 2014
Sociedade Portuguesa de Cuidados Intensivos/ European Society of Intensive Care Medicine – Lagos, Portugal
- **Flight physiology and heliport security** 2014
Instituto Nacional Emergência Médica – Lisbon, Portugal

- **Sonoanatomy applied to peripheral nerve blocks – 5th course** 2014
Clube de Anestesia Regional – Braga, Portugal
- **IV Congresso LusoBrasileiro de Medicina Intensiva/ XVII Congresso Nacional de Medicina Intensiva** 2014
Sociedade Portuguesa de Cuidados Intensivos/ Associação de Medicina Intensiva Brasileira – Lagos, Portugal
- **ICUday 2014** 2014
Sociedade Portuguesa de Anestesiologia – Lisbon, Portugal
- **Norte da Anestesia** 2013
Centro Hospitalar São João, Centro Hospitalar do Porto, Centro Hospitalar de Vila Nova de Gaia/Espinho – Oporto, Portugal
- **Obstetric emergencies course** 2013
Centro de Simulação Biomédica da Faculdade de Medicina da Universidade do Porto – Oporto, Portugal
- **Anesthesiology 2013** 2013
American Society of Anesthesiology – San Francisco, USA
- **Advanced Life Support** 2013
Reanima - Associação para a Formação em Reanimação e Medicina do Doente Crítico – Lisbon, Portugal
- **Pre-hospitalar medical course** 2013
Instituto Nacional de Emergência Médica – Lisbon, Portugal
- **Difficult Airway Management - VI Course** 2012
Centro de Simulação Biomédica de Coimbra – Coimbra, Portugal
- **Pediatric Advanced Life Support** 2012
Grupo de Reanimação Pediátrica – Almada, Portugal
- **Advanced Trauma Life Support (ATLS)** 2012
ATLS Portugal | Sociedade Portuguesa de Cirurgia – Faro, Portugal
- **EuroSIVA Training Course on Intravenous Anaesthesia** 2012
European Society for Intravenous Anaesthesia (EuroSIVA) – Oporto, Portugal
- **Annual Congress of the European Society for Paediatric Anaesthesiology** 2012
European Society of Anaesthesiology – Stresa, Italy
- **Medical Emergencies in Paediatric Anaesthesia** 2012
European Society for Paediatric Anaesthesiology – Stresa, Italy
- **Invasive techniques in Paediatric Intensive Care** 2012
Área de Gestão de Formação do Centro Hospitalar Lisboa Central, E.P.E. – Lisbon, Portugal
- **15th WFSA World Congress of Anaesthesiology®** 2012
WFSA Committee – Buenos Aires, Argentina
- **Airway in Paediatrics** 2012
15 th WFSA World Congress of Anaesthesiologists® – Buenos Aires, Argentina
- **Regional Anaesthesia in Paediatrics** 2012
15 th WFSA World Congress of Anaesthesiologists® – Buenos Aires, Argentina
- **Total Intravenous Anesthesia – TIVA** 2012
15 th WFSA World Congress of Anaesthesiologists® - Buenos Aires, Argentina

- **Eco-FAST (Focused Assessment with Sonography for Trauma)** 2011
Grupo de Trabajo de Ecografia Semergen (Sociedad Española de Médicos de Atención Primaria) – Viseu, Portugal
- **Basic Life Support** 2011
Núcleo de Formação do Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal
- **Introduction to Anaesthetics** 2011
Serviço de Anestesiologia do Centro Hospitalar Lisboa Central – Lisbon, Portugal

PRESENTATIONS - NATIONAL MEETINGS (presenting person in bold)

- **Non lithiasis pancreatitis in pregnancy – a rare case in ICU (*in Portuguese*)** Oporto
Portugal
May 2018

Catarina Conceição, Rita Mamede, Ana Lopes Santos, Rui Cunha, Vasco Costa, Lia Lêdo, Cláudia Falé, David Nora, Pedro Freire, Carolina Paulino, Pedro Póvoa

Communication type: Poster
Event: XX National Congress in Intensive Care Medicine
- **T-Cells exhausting syndrome in pulmonary invasive aspergilosis – case report (*in Portuguese*)** Oporto
Portugal
May 2018

Maria Carolina Paulino, David Nora, Catarina Conceição, Pedro Freire, Lia Lêdo, Cláudia Falé, Vasco Salgado Costa, Rui Cunha, Pedro Póvoa

Communication type: Poster
Event: XX National Congress in Intensive Care Medicine
- **Metformin-Associated Lactic Acidosis** Cascais
Portugal
Mar 2015

Daniel Ferreira, Pedro Freire, Pais Martins

Communication type: Poster
Event: Congresso da Sociedade Portuguesa de Anestesiologia
- **Subarachnoid block in a high risk patient under double anti-platelet therapy (*in Portuguese*)** Oporto
Portugal
Nov 2013

Mariana Correia, Pedro Freire, Nídia Gonçalves, Miguel Neto, Falcão e Cunha

Communication type: Poster

Event: "O norte da Anestesia 2013"

PRESENTATIONS - INTERNATIONAL MEETINGS (presenting person in bold)

- **"Iatrogenic epidural empyema after peripheral venipuncture"**
Pedro Freire, Daniel Ferreira, Pais Martins
Communication type: Oral communication
Event: *Scandinavian Society of Anaesthesiology and Intensive Care Medicine 2015*
Reykjavik
Iceland
Jun 2015
- **"Iatrogenic epidural empyema after peripheral venipuncture"**
Pedro Freire, Daniel Ferreira, Pais Martins
Communication type: Poster
Event: *Euroanaesthesia 2015*
Berlin
Germany
Jun 2015
- **"Where do our «epidurals» go?"**
Pedro Freire, Paula Ribeiro
Communication type: *Poster*
Event: *Euroanaesthesia 2015*
Berlin
Germany
Jun 2015
- **"How intensive shall «neck pain therapy» be?"**
Pedro Freire, Daniel Ferreira, Pais Martins
Communication type: Poster
Event: *6th nwac – World Anesthesia Convention Networking*
Vancouver
Canada
May 2015
- **"Tranexamic Acid in Gastro-Intestinal bleeding" (in Portuguese)**
Daniel Ferreira, Pedro Freire, Inês Guerreiro, Pais Martins
Communication type: *Poster*
Event: IV Congresso LusoBrasileiro de Medicina Intensiva/ XVII Congresso Nacional de Medicina Intensiva
Lagos
Portugal
May 2014
- **"Difficult airway management – an alternative approach"**
Pedro Freire, **Mariana Correia**, Iria Figueira, Nidia Gonçalves, Falcão e
S. Francisco
USA
Oct 2013

Cunha

Communication type: *Poster*

Event: *Anesthesiology 2013*

- **“Epidural block for treatment of femoral artery occlusion after its cannulation in a newborn patient – a case based discussion”**

Stresa
Italy
Sept 2012

Bárbara Ribeiro, Pedro Freire, Teresa Rocha

Communication type: Oral communication

Event: *Annual Congress of the European Society for Paediatric Anaesthesiology*

- **“Anaesthesia for a child with Ullrich Congenital Muscular Dystrophy”**

Stresa
Italy
Sept 2012

Pedro Freire, Bárbara Ribeiro, Clara Correia, Teresa Rocha

Communication type: *Poster*

Event: *Annual Congress of the European Society of Paediatric Anaesthesiology*

- **«Guinness Record» for biggest ruptured Abdominal Aortic Aneurism, a case of success”**

Buenos Aires
Argentina
Mar 2012

Pedro Freire, Maria Pimentel, Paula Ribeiro, Falcão e Cunha

Communication type: *Poster*

Event: *15th WFSA World Congress of Anaesthesiology®*

TEACHING EXPERIENCE

- **Advanced Techniques In Airway Management** 2019
Target audience: Anesthetists and Intensivists
Place: Braga University, Portugal
Organisation: European Airway Management Society
- **Teach the Airway Teacher Course** 2019
Target audience: Anesthetists
Place: Hospital de Braga, Portugal
Organisation: European Airway Management Society
- **Airway Management in the Intensive Care Unit** 2019
Target audience: Intensive Care Medicine doctors
Place: Hospital São Francisco Xavier
Organisation: Portuguese Society of Intensive Care Medicine

- **Pain and epidural analgesia/anesthesia** 2014
Target audience: Pregnant women between 28-32 weeks of gestation
Hospital São Francisco Xavier – Centro Hospitalar Lisboa Ocidental
- **Advanced Life Support** 2013
Target audience: Ambulatory Centre Nurses
Hospital Egas Moniz, Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal
- **C-section, myths and realities** 2013
Target audience: Midwives
Hospital São Francisco Xavier, Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal
- **Pain in the adult** 2012
Target audience: Doctors and Nurses
Hospital Egas Moniz, Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal

MANAGEMENT AND LEADERSHIP

- **Local co-ordinator of national program “Integrated System of Patients waiting for elective surgery”** Mar 2017 - *current*
Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal
- **Assistant Co-ordinator in Difficult Airway Rotation for trainees** 2016 - *current*
Centro Hospitalar Lisboa Ocidental – Lisbon, Portugal
- **Team leader of Pre-hospitalar Advanced (Trauma) Life Support Team** 2013 - *current*
Hospital Garcia de Orta – Almada, Portugal
- **Board member of an Non-Governmental Organisation** 2009 - 2011
GASNova - Lisboa, Portugal
- **President of an Non-Governmental Organisation** 2008
GASNova - Lisbon, Portugal
- **Assistant Co-ordinator in WHO study of malnutrition prevalence in children between 1-5 years in Bafatá region of Guiné-Bissau** Sep 2008
Bafatá, Guiné Bissau
- **Humanitarian Action Co-ordinator** Aug 2008
GASNova – Cidade da Beira, Moçambique
- **Board member of an Non-Governmental Organisation** 2007
GASNova – Lisbon, Portugal
- **Assistant Humanitarian Action Co-ordinator** Aug 2007
GASNova – Ilha de Santo Antão, Cabo Verde

LANGUAGES

Portuguese (native)

English (IELTS overall score: 8. Listening 9; Reading 8.5; Speaking 7.5; Writing 7)
French (DALF and DELF completed)

Lisbon
December 15, 2025

Pedro Freire